

## Fixed Week Definition

00:00 hrs Monday to 24:00 Sunday

## Daily Driving

Daily Driving - 9 hrs may be increased to 10 hrs twice in a fixed week.

## Breaks from Driving

1. After no more than 4.5 hrs driving, the driver must take a break of at least 45 minutes, unless they begin a rest period.
2. This break may be replaced with two separate breaks, where the first is at least 15 minutes and the second no less than 30 minutes.
3. Upon taking a 45 minute break, driving time will begin fresh for the purposes of calculating the next 4.5 hrs of driving. *(Likewise if a 15 minute break, followed by a 30 minute break is taken.)*  
**NOTE:** You may not qualify for any breaks until you have begun a period of driving time.

## Weekly Driving

You may drive no more than 56 hours in any one fixed week. i.e. Monday - Sunday.

## Fortnightly Driving

The maximum driving limit in **any** two consecutive weeks is 90 hours.

## Daily Rest

In each period of 24 hours a driver must have at least 11 consecutive hours of rest. This may be reduced to no less than 9 consecutive hours up to 3 times between 2 weekly rest periods. The Courts have ruled the 24 hour period begins when a driver commences duty after a daily or weekly rest period has been completed.

## Split Daily Test

If a driver has at least 3 hours of consecutive rest within a duty. They may take the minimum daily rest required, (9 hours) and it will not count as a reduced daily rest, and will in fact count as a regular

## Double Manned

When double manning the first driver may start up to one hour before the second driver begins their shift. (They must finish at the same time during each period of 30 hours.) Both drivers must take a daily rest period of at least 9 consecutive hours. This rest may not be taken in a moving vehicle.\* "Break" can be taken in a moving vehicle but not "Rest".

## Weekly Rest

After no more than 6 consecutive 24 hour periods a weekly rest must begin. A regular Weekly Rest is 45 hours, this may be reduced to 24 hours. Any compensation must be made up en bloc by the end of the 3rd week following the week in question. All compensation must be attached to another rest period of at least 9 hours. A weekly rest period beginning in 1 week and finishing in another may be attached to either week. A driver cannot take a reduced weekly rest period two weeks in a row.

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